Before Work	Prayer/Christian Book	
Lunch	Commentary	
Daily		
Hour	UDEMY	Youtube
1	IT/Management Certification (CISSP, CISM, PMP, ITIL)	Soul/Heart
2	Leadership Books	Inspiration/ Motivation
3	Piano/Voice	Music - Christmas/Christian
4	Rosetta Stone (Spanish, French, German, Chinese, Korean)	Strength - Physical Fitness/Nutrition
5	IT Other Interests (Windows 11 Pro, Word Press, Programming)	Information Technology/Mind- Emotion/Brain
6	American Sign Language/Rosetta Stone (Greek, Hebrew, Latin)/Morse Code/Ham Operator	Historical Events/Warfighting&ER Training
7	IT Future Direction (PowerBi, PowerApp, Cloud)	Leadership/Finance/Writ e a Paper
8	Extracurricalar Training (IFSTA / EMT/Paramedic)	Medical / Firefighting Training